

PERSON SPECIFICATION

POST	Health & Wellbeing Youth Worker	JOB REFERENCE No.	06/14
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The following person specification should be read in conjunction with the Job Description related to this post. It is not intended to be exhaustive but is designed to give applicants a broad picture of the knowledge, skills and abilities required to carry out the job.

REQUIREMENT	ESSENTIAL	DESIRABLE
Training and Background	<ul style="list-style-type: none"> • Experience in Youth Work. • Experience of organising programmes and/or activities for groups of young people • Experience of different styles of youth work • Previous experience of dealing with behavioural and discipline issues in young people • Experience of evaluating projects • Experience of working with young people with a variety of issues, including drug or alcohol related problems • Experience / knowledge, or interest in developing knowledge of food, nutrition and health • Experience of leading and supporting other members of a staff team 	<ul style="list-style-type: none"> • Qualification in Youth Work • Experience of youth work in a number of different settings • Knowledge and experience of running fitness sessions • Knowledge and experience of a range of different ways of keeping fit that are appropriate for young people. • Knowledge and experience of running cooking classes
Personal Skills	<ul style="list-style-type: none"> • Ability to prepare fresh meals from scratch and to coach others to do this • Ability to develop, run and participate in keep fit sessions • Must be an effective communicator, able to listen and give and receive feedback • Ability to motivate and develop young people • Ability to adapt leadership style and approaches as appropriate • Ability to complete tasks and see them through • Ability to actively work with other agencies 	
Organising Skills	<ul style="list-style-type: none"> • Good personal organisation and discipline • Ability to plan and coordinate activity programmes. • Able to plan ahead and be forward thinking. 	
Administration Skills	<ul style="list-style-type: none"> • Ability to assist in the general administration of the project. • Good PC skills – able to use Email, Word, Excel and PowerPoint proficiently • Ability to write and present reports and presentations 	

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Health & Safety aspects	<ul style="list-style-type: none"> ● Must hold a full driving licence and be willing to drive groups to venues ● Experience of writing, using and implementing risk assessments 	<ul style="list-style-type: none"> ● Current HSE - First Aid certificate ● D1 and experience of driving a minibus
Teamwork skills	<ul style="list-style-type: none"> ● Previous experience of working in a team situation ● Prepared to take part in team discussions and training and development opportunities ● Able to engage effectively with people from a variety of backgrounds and with different experiences ● Able to lead groups of adults and young people ● Able to work on own initiative 	<ul style="list-style-type: none"> ● Experience of networking and working alongside other agencies ● Experience of working with volunteers
Personal attributes	<ul style="list-style-type: none"> ● Interest & commitment to health and well being on a personal level so able to act as a role model for young people. Desire to share this knowledge and enthusiasm with young people ● Personal interest in keeping fit ● Empathy with young people and an understanding of youth culture and issues ● Caring, sympathetic person with a good sense of humour. ● Enthusiastic, flexible and creative with plenty of drive and initiative ● Trustworthy and reliable; able to manage time effectively. 	